

CREATE YOUR FUTURE PROGRAM



The CREATE Your Future (CYF) program provides young people aged 15–25 with the relevant skills and knowledge to feel supported in their transition from care to adulthood.

CREATE has been working with children and young people with a care experience since 1999 and we understand the challenges they face, particularly when transitioning from care. Our own research shows that 30% of young people leaving care experience homelessness in their first year. We know 29% will experience unemployment and that a staggering 46% of boys leaving care are involved in the juvenile justice system. The CREATE Your Future program works to improve these outcomes.

The CYF program is an empowering, interactive, tried and tested program that gives young people the skills and knowledge they need to successfully transition to independence. Through a range of experiential workshops centred around life skills, decision-making, and self-awareness, this program aims to enable young people to be equipped with abilities that will allow them to excel when they leave care.

The 8 Life Domains covered in the program are:

- Wellbeing (Legit Wellbeing)
- Identity (Selfhood)
- Relationships (you and Your Peeps)
- Money (Rolla Casholla)
- Housing and Independent Living (Create Ur Crib)
- Employment (Learn to Earn)
- Participation and Inclusion (Call Your Shots)
- Accessing Support Services (Great Race 4 Life!)

In addition to achieving skill-based competencies, young people are also guided through the steps required to think critically, make informed and independent decisions, and understand their identity and role in the community.

We are licensing CREATE Your Future to expand the reach of this program and support more young people to transition to independence, empowered with knowledge and confidence. We continue to refine this program based on what we hear from young people about what helps them through their transition. We know from young people, this program works.

Imogen Edeson, CEO, CREATE Foundation



LICENCE COSTS

Program Package Options

YEAR 1	YEAR 2	YEAR 3
From \$57,000	From \$59,850	From \$62,840

What's included in a Licence?

- 1-3 year licence to deliver unlimited CREATE Your Future workshops or embed in case practice
- Comprehensive staff training
- Ongoing implementation support from CREATE
- Copies of all modules and materials required
- Additional staff training opportunities and resources for young people

“When the time came for me to move out, the CREATE Your Future workshops gave me information on where to find a place and the steps involved. As someone who didn't have a care plan and no idea what was available to me whilst looking for a place to live, I know how hard it is not having anyone to help at this time. Leaving care is hard but not being prepared is harder.”

- Young Care Leaver

Why purchase CYF?


Hundreds of young people have already taken part in the CYF program. The content continues to be reviewed and updated based on the feedback from young people to ensure it is relevant, culturally appropriate, engaging and, most of all, making a positive difference to the lives of those who participate.

A CYF licence is a complete package which guides your organisation through the process of program implementation from start to finish, with ongoing support throughout every stage. Your staff will be taken through a detailed 3 day train-the-trainer workshop, as well as a facilitator training module so they are truly equipped to deliver this program. They will then have the option to deliver the CYF program in group settings or to integrate into case practice. from one-on-one delivery to young people as part of transition planning.

By purchasing a CYF licence, your organisation is making an investment in creating confident and empowered young people - an investment in the future of the young people we are all committed to supporting.

For more information, contact CREATE:

 create@create.org.au

 1800 655 105

create
FOUNDATION

