CLUBCREATE



December 2021

HELLO FROM THE CEO!

Hey clubCREATE-ers!

Well, as 2021 comes to close, we always like to reflect on the year that was. This year was a very different year for many of us, with lots of challenges like lockdowns, but also lots of positives, like meeting and engaging with more young people online.

This edition, we're focusing on Breaking Barriers! We've got articles on mental health over the holidays, the Raise the Age campaign, and of course tips and tricks brought to you by Sortli!

We're also updating you on heaps of other exciting progress in the child protection space – and we've also got some fun activities to keep you busy during the holidays.

We can't wait to connect with you again in the new year - bring on 2022!

Happy Reading!

Jacqui Reed, Head Honcho



GLUBGREATE'S EDITORIAL POLICY

for children and young people in care. This magazine contains information about CREATE programs that create a better life for kids in care and also has articles and artworks by clubCREATE members. The views expressed by these young people are not necessarily the views of CREATE Foundation. It's really important to us that children and young people in care are safe and protected and we do our utmost to ensure their privacy. For safety reasons state laws don't allow the faces of kids in care to

clubCREATE magazine is produced by CREATE Foundation be published without proper permission, so please understand if sometimes we can't show faces in our pictures. All contributions to be considered for the magazine can be submitted by emailing: clubcreate@create.org.au or post: Reply Paid 87694, CREATE Foundation, SPRING HILL QLD 4004 If you do not want to receive newsletters and program information from CREATE Foundation, please email clubcreate@create.org.au or phone CREATE on 1800 655 105 to have your address removed from our mailing list.



Acknowledgement of Country



CREATE acknowledges Aboriginal and Torres Strait Islander peoples as Australia's first people and Traditional Custodians. We value their cultures, identities, and continuing connection to country, waters, kin and community.

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Get Social

Twitter: @CREATEFnd Facebook: /CREATEFnd Instagram: @CREATEFnd



WHAT'S THE LATEST?

CREATE has had a HUGE few months - we've got so much to update you on!

Voices in Action Conference

Do you want to have your say on how to change the care system? Join us for our Voices in Action conference happening in April 2022 for three days of inspirational presentations, collaborative workshops, expert panels, and fun activities.

Nothing is more valuable than lived experience when coming up with solutions for problems in the care system. Voices in Action gives you a platform to make meaningful solutions alongside key sector decision-makers. Our Young Person grants are closing soon, so make sure to get your applications in before January 7th!



CREATE's Strategic Plan

A huge thank you to everyone who filled out our Strategic Plan survey! We take your responses, as well as the responses from sector professionals and CREATE staff, and use them to determine where our focus should be when we try to change the care system. Every response makes a difference and directly impacts what our priorities are. Watch this space in the coming months for our new Strategic Plan for 2022 to 2024!



Stay up to date!

We post regular updates on our blog. Make sure you check it out for all the latest news and advocacy updates!

CROSS WORD

Can you solve the puzzle? Send in your completed ViA crossword for your chance to WIN

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Down			Across			
 are when young people and key-decision makers talk about issues on stage and answer audience questions together. The name of our 2022 Conference is Voices in Action:, Resourceful, Remarkable. Voices in Action is three days of interactive panels, and inspirational speakers 			 2. If young people want to attend the Voices in Action Conference, they can apply for a 5. Voices in Action conferences are for sector professionals, sector leaders, young people and 7. Our conference in 2022 will be held at the Adelaide 			
6. The theme of CREATE's 201 Nothing Us, Without Us	•		8. Voices in Action 2022 will be CREATE's biennial conference.			

Send your completed crossword in to us for your chance to

win a gift voucher! Entries close 28th January 2022.

Send to: clubcreate@create.org.au Enter via: www.create.org.au/competitions or Post it back to us free of charge! Send to: Reply Paid 8769 (no stamp required) SPRING Hill QLD 4004.

MEET YOLANDA



Tell us a bit about yourself!

I am an Australian trained psychologist who spent the past 8 years working with children, young people and families, with a core focus on supporting little kiddos with neuro-diversity. I had the privilege to work across both urban and rural settings to deliver therapeutic programs. I travelled a fair bit to work in many First Nations communities - super scary propeller planes I am talking to you!! I worked with many Aboriginal Controlled Community Organisations to deliver evidence-based intervention programs in rural Queensland. I think I have worked with probably hundreds, if not thousands of deadly children by now! I am very passionate about the wellbeing of

Australian children, young people and families.

that fuels me to continue my career in the not-

for-profit sector. I am very excited to be a part

My passion is the powerful source of energy

What's your favourite thing about working at CREATE?

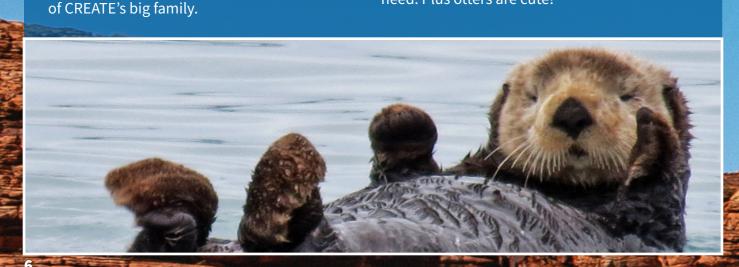
The utterly oozing passion of the staff! I honestly have no words to describe how lucky I am to be a part of this amazing adventure of "Connect, Empower & Change".

If you could change one thing in the care system, what would it be?

Intensive family intervention is not a once-off or very temporary strategy, children or even adults need on-going support to adjust and heal. I wish we can all have unlimited funds to support this process better. If policy makers and people in power could listen to the voices of children and young people better, there would be a lot less heartbreaks and tears, and there will would also be a lot less unsuccessful reunification cases.

If you were an animal, what animal would you be and why?

I choose otter. Otters are very intelligent mammals. Otters hold hands with their families when they sleep to avoid drifting apart and adult otters put their babies on their tummy to protect them from predators. I wish I could be like an otter to provide children and young people that trusting hand, to guide them through danger and give them that hugs they need. Plus otters are cute!





HEAR FROM BROOKE

Kaurna and Nyoongar Young Consultant Brooke on how to celebrate being Australian respectfully

Who is my mob?

Me and my mob. Well it is a bunch of kids in care. It is the people who are my chosen family. It is the connection to my Western Australian Nyoongar mob when I got my dad on my birth certificate to recognise my heritage. My mob is my Kaurna community on my mum's side. It isn't clean cut about who my mob are. But it is rich in love, culture and connection. It can be a bit chaotic but we have each other and we will make it through with a deep connection.

How can people who want to celebrate being Australian do it in a respectful way?

Firstly, what is being Australian? Educate yourself as non-Aboriginal person. There's a beautiful connection that can happen when you learn more about what it is to be Australian, knowing the history but understanding and learning about our beliefs, customs, totems and stories of the people on whose land you are living. We need to keep addressing it, talking about it and fight that battle so we can live without racism.

Check out SNAICC for more information about the importance of cultural connection for children and young people in care.

www.snaicc.org.au



WHAT DID WE FIND:

More than 75% of young people who participated in the survey felt they were coping reasonably well with social distancing and had a good level of understanding about what was happening. However, many young people felt that COVID-19 had affected their lives in some way. Most frequently, young people said that COVID-19 had an impact on their education. Difficulties included:

- inability to access technology they needed to learn at home,
- limited learning support and help,
- concentration and motivation challenges,
- limited social and emotional support.

Many young people also reported impacts to their mental health.

Females were more likely to rate a greater impact to their education, mental, and physical health compared to males; and young people who identified as living with a disability were more likely to report a greater impact to their mental health and find it more difficult to access support compared to those without a disability. Other concerns young people raised included not being able to see friends and family members, not being able to engage in usual activities, and insufficient support across different life areas (e.g., mental health, education, disability support, housing support).

WHAT DID WE DO?

CREATE sent a report to respective
Governments about what young people with
a care experience in their state were saying
about the impacts of COVID-19. We urged
Governments to ensure young people were
able to access the support they needed as the
pandemic continued, particularly in
relation to:

- their education;
- their mental and physical health; and
- staying connected and maintaining healthy relationships with friends and family members.

"Mostly because you can't see your friends, but you could speak to them online and stuff, but it was hard to cope without seeing them."

(Male, 16)

"I got a fair bit behind school because there wasn't really anyone to explain it and we didn't get much help during quarantine." (Female, 14)

"The whole thing has been overwhelming. I kind of struggled with having to leave the house, as well as worrying about it when i came home."

(Male 23)

CARE DAY 2022

February 18th is Care Day, a day where the world comes together to celebrate the story and achievements of children and young people with a care experience. Care Day 2022's theme is Making Care Fair — Equality Through Equity.

But what does that mean?

Equality – making sure everyone gets the same opportunities

Equity – providing whatever resources someone needs to get equal opportunities

So basically, equality through equity means that you deserve whatever help you need to make sure you have the same opportunities as everyone else in life. A big part of what we do at CREATE is trying to get sector decisionmakers to give you those resources. It's why we push for things like #Makeit21. We want to make sure you have everything you need to reach your full potential.

How does Care Day help that?

Care Day is all about celebrating your achievements and showing the world just how amazing you are. Being in care can mean that there are barriers that make things harder to achieve. When you break through those barriers, it deserves to celebrated.

So how can I get involved?

We're running a competition to help you celebrate your achievements! Tell us something you're proud of and you'll go in the running to win a gift card! We'll be sharing your achievements on our socials throughout Care Day 2022.



Learn more about CARE DAY! www.careday.org





RAISING THE AGE

You might have heard the term "raising the age" around social media for a while now.

Raising the age is a campaign that's trying to raise the age of criminal responsibility in Australia from 10 to 14. Criminal responsibility is the age where the law says you understand your actions and can face criminal charges because of them. Because it's the age you can face charges, it's also the age you can go to prison.

How many children under 14 are put in prison in Australia?

Each year there are 600 children and young people under 14 years old that are put in prison. 60% of these young people identify as Aboriginal or Torres Strait Islander.

What's happens to young people who break the law if we raise the age?

Rather than going through the courts and prison systems, young people who break the law would go through intervention programs. These programs look at the reasons behind why someone is breaking the law and tries to help that problem so it won't happen again.

Aboriginal and Torres Strait Islander young people would also be able to take programs that consider their cultural needs.

Why is 10 too young to go to prison?

Here are some of the things you're too young to do at 10:

- Go to high school
- Create a Facebook or Instagram account
- Go to see a movie rated MA
 But you could be allowed to go to prison.

You can get involved in the Raise the Age campaign by posting social media using #Raisetheage. You can also sign the petition to Raise the Age by the Human Rights Law Centre at www.raisetheage.org.au



New year, new goals... Our top tips on Goal Setting!

When you have a big dream or just want to accomplish something, you need to take steps to make it a reality. That's where goal setting comes into the picture. A clear plan broken up into steps, with how you are going to make it happen... #forreal

You might dream to play an instrument, or get better grades at school. It could even be to save up for a car you've always wanted; whatever your dream, here are some tips to help you get where you want to go!

Be realistic. Be specific. "I'm going to recycle all my plastic bottles and soft-drink cans" is a much more doable than "I'm going to do more for the environment."

Do it for you. Your goals will only work if you want it. Not your friends, teachers or support workers. Don't worry about pleasing other people!

Remember:

Your goals are for you, and you alone! Don't feel the need to compete

It takes time. Some goals may mean a new routine, like waking up 30 minutes earlier every day to exercise. Don't be too hard on yourself if you slip up. Your brain may need some time to get used to the idea that this new thing you're doing is part of your regular routine.

Use Sortli. Sortli is a free app you can download to help create, track and find the information you need to smash your goals. The app was created by other young people in care, how cool is that!

your new years goals	

WIN! WIN! WIN!

Download Sortli, create a goal and send us a screenshot of what you want to accomplish in 2022? Let's celebrate your goals together.

Send entries to sortli@create.org.au by 28st January 2022 for your chance to WIN!

MEET DYLAN:

A Young Consultant from the ACT

Hi!
I am Dylan, a 20-year old
Young Consultant here in
the ACT.

Growing up around the Canberra region, I have kept myself busy pursuing a love for IT and gaming, while maintaining employment at Kingpin.I am an active member of the CREATE community and have participated in a wide range of programs. Through becoming a Young Consultant with CREATE I have developed my leadership skills and have undertaken a number of public speaking opportunities. This includes being on the "Participants Decision Making" panel in the 2019 CREATE conference; meetings with the Minister for Young People, the Director General for

Child and Youth Protection and other lead organisations. I have also completed the 'CREATE Your Future' workshops and I participate in YAGs.

I have a passion for ensuring that the voices of young people in care are heard and their feedback is taken into account in the decision-making process. Another issue that concerns me is the age of leaving care discussion. I believe the age of leaving care should be increased beyond 18 to provide additional supports and reduce the number of young people in care experiencing homelessness and mental health issues. In the future I am looking forward to furthering my work with CREATE, as well as growing my love for IT into a career. Thank you for reading!



YOUR MATE IN THE NT

An interview with a CREATE Mate! - Sally Sievers

Tell us about yourself! What's your role?

I am currently the Children's Commissioner of the Northern Territory. That means that I look out for young people in the NT and work with the team at the Office of the Children's Commissioner to make sure that the Government and services are doing the right thing for children and young people. If anyone is worried about the treatment or safety of a child, they can contact me – my team will look into it and try and make things better! I also make sure that young people are listened to and their voices are heard when decisions are made that affect them. When I'm not working I love being outside and being active – I love stand-up paddle boarding, being with my two dogs, and exploring the NT!

Why are you a CREATE Mate?

Because I know that young people have rights and a voice that should be heard! Here in the Territory I am amazed every day by the achievements and strength of the children I work with and meet. The best part of my job is getting to see young people making changes in their own communities – I love that CREATE works hard to make sure young people they work with are listened to, and make changes based on what you tell them. There are no bigger experts on children than children!

What's something you're passionate about in the care sector? What's something you're proud of?

I am passionate about making the experience of being in care as positive as possible for every single young person. We can do this by hearing what young people are telling us, and acting on this. I am so proud to lead a team of people who are dedicated to making a safer and happier world for children.

Everyone's a bit wacky in their own way – what's a fun fact about you?

I am known to frequently wear clothes inside out! My children will often check me before I leave the house to make sure my shirt is the right way



CHRISTMAS when you're in care

Christmas is one of the most exciting days of the year. It's the day when families come together to not only share presents but be there together and celebrate the birth of Jesus Christ.

For some of us growing up though it can be one of the hardest. I know myself that when you've been placed in out of home care it's a time when you miss your loved ones the most. Even though you're surrounded by people that do love you I found that not having your mum, dad, brothers and sisters there really makes a difference.

I was taken out of my mum's care in 2012 at the age of 15 and haven't spent one Christmas Day with my mum or the people I grew up with since. Other youth in my situation might class me as lucky, I got to speak to them every year. I don't know what's harder though, being able to hear they're all together without you on Christmas or not getting to see/speak to them at all and wondering what it would've been like for them. Each year hearing how much my family has grown and even starting my own little family has been hard. It never gets easier. It's heartbreaking to say, I have a 3 year old daughter who is also in care. We got to spend one Christmas together before she was taken. Fingers crossed I'll be bringing her home this year for Christmas.

From not only a child's but a mothers perspective I can tell you that being in out of home care it's really hard for both the parent/s and for the child, so don't ever feel like you're the only one missing out on being with your family.

- Written by CREATE Young Person, Cheyenne

MENTAL HEALTH tips for the Holidays

from CREATE Young Person Kathleen

The holidays can be a tricky time for anyone, for whatever reason. Here is a few tips and tricks to keep your mental health in check this holiday season!

MAKING A MENTAL HEALTH CARE PLAN OR A GOAL CHECKLIST.

 Sitting down by yourself or with an adult you trust to make a mental health care plan or a goal checklist is a great reminder of ways to cope and work towards achievements big or small like making your bed or remembering to drink water each day!

STAYING OCCUPIED

- Volunteering or working can be great way to keep busy and earn some money too!
- Finding a hobby you can dedicate yourself to like painting or cooking.
- Socialising by seeing family or friends, or even look for public Christmas events near you.

MINDFULNESS AND GROUNDING TECHNIQUES.

- Can help to manage overwhelming feelings, memories or experiences.
- Physical grounding techniques can be breathing, exercising and mindfully using your 5 senses (eg. identifying smells and surroundings of environment).
- Cognitive grounding techniques can include things like listening to music, watching TV or making art.

REACHING OUT FOR HELP & SUPPORT NETWORKS

- Tell someone in your support network how you feel and they can talk through it and find the best help for you. Just remember you are never in this alone.
- It's okay to feel a bit upset, however, if you start to feel overwhelmed or just want someone to talk to here are some great resources to reach out to!

PLACES TO CALL IF YOU NEED SUPPORT:

Beyond Blue

https://www.beyondblue.org.au/ 1300 22 4636

Kids Helpline

https://kidshelpline.com.au/ 1800 55 1800

LifeLine

https://www.lifeline.org.au 13 11 14



Send to: clubcreate@create.org.au
Enter via: www.create.org.au/competitions
or Post it back to us free of charge! Send to: Reply Paid 87694
(no stamp required) SPRING Hill QLD 4004.







Hey olubereate-ers!

We are busy as ever here in NSW – and while the past three months have been really challenging for us all, it looks like we've reached the other side! Well done to everyone in NSW who helped us to reach our would change their lives! vaccination targets and come out of lockdown.

getting back to face to face events – we can't wait to see you all at our connection events, hear your voices at our YAGs and of course

empower you with Speak Up! We were lucky enough to be involved in the Home Stretch Symposium in October, which was an incredible opportunity to hear from young people in both NSW and QLD about the impacts of the #MakeIt21 campaign and how much this support

Thank you to the young people who spoke up with us - we will continue to advocate As we approach the new year, our focus is on for change in this space for NSW young people!

> Check out what's coming up for through the links below!

What's been happening in



WANT TO KNOW MORE?

Want to find out what events are coming up in your state?

What's been happening in the

ACT

Hello to all from Canberra, the National Capital, and from Use and Lachtel

What's been happening?

The past few months here in the ACT have been eventful and full of new experiences. Although the lockdown has brought about some obstacles, our ACT community has remained strong, united and active during this time. Engagement has remained constant with many valuable insights shared on how we care further the CREATE mission and ensure that the voices of young people in care are not only heard but harnessed and cultivated so they can reach their full potential.

We have been busy delivering YAGs, Speak **Up training and Engagement events** online. Also attending meetings online with Government Agencies and Non-Government to ensure we are all keeping in touch during the lockdown.

We've got heaps of cool events coming up including a Pizza and pool party YAG, a movie night and more fun Connection Events! Find out more on our website or give us a call.



HEAD HERE:

www.create.org.au/find-an-event or call 1800 655 105 19

What's been happening!

The Queensland team have had a packed few months with Child Protection Week events, SUPs (Speak Up), YAGs (Youth Advisory Group), and sessions with Young Consultants sharing with new Child Safety Officers. We've also had some exciting opportunities for young people to be included in videos advocating for '#makeit21' (providing a home and support up to 21). Thanks to all the courageous young people who shared their thoughts and experiences. We have made a lovely new dining area which we hosted a delicious, roast dinner for our October YAG. It's great to have warm and welcoming place to share a meal with our amazing team of young people. Queensland has introduced new legislation (we are waiting for it to be 'passed') about young people having 'ongoing and meaningful opportunities' to participate in their care journey and decision that impact them. Jake, a CREATE Young Consultant spoke in parliament about this law, to share about the importance of young people having a say.

Keep an eye out for lots of upcoming events heading into summer, including Sailing & Kayaking, water parks and much more!





CREATE in Calms kicking goals!

Child Protection Week Dinner - Young people and the special people in their lives came together to share a meal. We joined in with trivia and the regional online dinner party too! Young people shared their dreams and aspirations. Keeping children safe, loved, believing in them and supporting their dreams - these elements along with ice cream and gratitude made the Cairns CPW dinner a special one for everyone.

Speak Up- The efforts, strain and determination of young people to get to the top target on our climbing wall was incredible! Young Cconsultants worked together to show that with 'safety nets' in place, all young people can reach their full potential. Speak Up in Cairns was awesome!

What's been happening in

WANT TO KNOW MORE?

Want to find out what events are coming up in your state?

What's been happening in the

VIC

Advocacy Highlights

In January there were announcements that young people in Residential care, Foster care and Kinship care could choose to stay in care until the age of 21, through Homestretch. In July this also became an option for those living in permanent care, an Australian first!

- We ran a big YAG with the Commission for children and young people, to hear your ideas on an independent advocate for children and young people in care. Is it needed and how could they support you? If you have something to say contact the Vic
- Young people told us that good mental health is a challenge through the pandemic, so in October we did a walking challenge through the Black dog institute, to raise money for mental health research and services. We had heaps of support and have walked over 500



TOP TIP!

Did you know that if you were in care you can apply for TILA, a \$1500 payment to help set you up with stuff like a fridge or furniture? You can access TILA until the age of 25 and you can apply with the help of a worker or you can apply you can also apply yourself!



HEAD HERE: www.create.org.au/find-an-event

or call 1800 655 105 21



Advocacy Initiative

Over the last couple months we have held Youth Advisory Groups (YAGs) and discussed topics including accessing case files, budgeting and pocket money, the SORTLI app and CREATE's Strategic Plan. Through hearing from young people on different aspects of being in care, we can then work with the department to share thoughts and themes to improve systems/practice/policies. Something that we were advocating about earlier this year was extending support to young people until 21 years who don't live in family based care (we already have the "Stability in Family-Based Care Payments" program). And it is very exciting to see that a new pilot project is going to begin early in 2022 for a group of young people leaving residential care. Watch this space!!

Speak Up in Regional South Australia

Fabian headed out to a regional town in SA recently to deliver Speak Up level 1.

We were so impressed with the excitement and desire to learn about their rights in care and really enjoyed providing the opportunity to share how to Speak Up! Fabian had a ball getting to know the young people - what a fabulous group of emerging Young Consultants! We can't wait to see you again at the next SUP and conference! A big shout out to the staff at the local office (you know who you are) for helping make this happen.

YAG quote of the quarter "It's our world and our experience, we should know who, what, where and how - it's about participation."

What's been happening in





WANT TO KNOW MORE?

Want to find out what events are coming up in your state?

What's been happening in

TAS

What's been happening?

Our Child Pprotection colouring in competition was a hit, with 58 entries and 6 winners! Congratulations to the winners and a big thankyou to those that participated, we especially loved reading your views about what children and young people need to thrive. One of the winners said "To thrive, kids and young people need normal and healthy experiences, stability, love support and the right to have a voice!". We couldn't agree more! We learnt all about budgeting and money tips at CREATE Your Future's Rolla Casholla workshops, finishing with some epic laser tag and we had a wonderful trip to on maternity leave. She has been busily the North West, running Speak Up learning about leadership, advocacy and hanging about on the flying fox!

Our most recent topic at YAG's has been the Charter of Rights for Tasmanian Children and Young People in Out of Home Care. We have had





some great discussions with young people all around Tasmania. You guys have highlight that 'being treated equally and fairly', 'having access to support; 'having privacy respected' and 'having connection to community and culture' as super important. We value your amazing input and look forward to sharing your ideas with key decision makers.

Our wonderful Community Facilitator Bec is off preparing all the upcoming events before she heads off. We wish Bec all the best and can't wait to meet her new arrival!

Our Advocacy!

Our amazing Young Consultant Tara gave a heartfelt and courageous speech at the recent Child Protection Awards. In front of a large crowd of out of home care sector workers from around Tasmania, Tara spoke about her care experience and how a worker or important adult in a child's life can change the course and impact whether a child or young person thrives. Tara's key message to case workers was that even though a child or young person might not need them today, it doesn't mean they won't be needed tomorrow. Congratulations Tara, we are so proud of you!

HEAD HERE:

www.create.org.au/find-an-event or call 1800 655 105 23 The past few months have been amazing here at CREATE in WA! We've been busy holding heaps of events, listening to your voices and making change! We've had online YAGs, regional events, Connection Events in the city – so many changes to connect! Check out some of the cool things we've done this month.

Commissioner YAG

In collaboration with the Commissioner for Children and Young People team, CREATE held a YAG all about complaints to services. Each participant scored a voucher and some delicious pizza AND they got to have their say directly to the people who can help make a difference – really great!

October Speak Up

October school holidays was the time for all three levels of Speak Up! We saw two completely new Young Consultants become fully trained in all 3 levels and three YCs complete their final levels – congratulations! At the end of level 3 we also had the unique opportunity to make our own Speak Up song at a beatmaking workshop with local artist Paulie P. Everyone did so well to write their own lyrics, choose the beats and sing and rap and perform spoken word poetry – amaaaaazing! The song is ready to be published so stay tuned to find out where you can have a listen!



Home Stretch Symposium

Having supported Anglicare's Homestretch campaign to extend care to age 21, CREATE attended and further supported the Homestretch gallery walk in July. YCs Andre and Darcy have been involved with the Homestretch campaign since the beginning in 2019 and so they were the perfect people to help out at the Gallery Walk – telling Child Protection workers and politicians about Homestretch's journey and objectives. Great work guys!

What's been happening in

WANT TO KNOW MORE?

Want to find out what events are coming up in your state?

What's been happening in the

NT





In this edition we say 'Goodbye for now' to Apajok in Alice Springs who is taking 12 months maternity leave. We wish her well and that she enjoys this new chapter of her life, and look forward to welcoming her back next year. Watch this space for who will be joining Shoshannah in Alice while Apajok is on leave.

Round Table Event

On October 6th CREATE held a Roundtable to support young people to give feedback to Territory Families, Housing and Communities about the care system. These events have become a vital part of CREATE NT's advocacy work, and is something our Young Consultants really look forward to each year. In October Young Consultants discussed important issues like how Territory Families can better engage young people in their care plans, cultural plans, and leaving care plans, which is something Territory Families approached CREATE about as they want children

and young people to participate as much as possible in their care planning. They also discussed what carers need (foster carers, kinship carers, and residential care workers) need to best support them and provide safe and nurturing homes for children and young people in care. Our Young Consultants developed recommendations for Territory Families in all of these areas, and **Territory Families have committed to** providing a written response to these recommendations. The recommendations and responses will be shared with you as soon as they are available. If you want to know more about the Roundtable report, or attending a Roundtable in the future to have your voice heard, get in touch with either the Darwin or Alice Springs team, or email nt@create.org.au and one of our team will get back to you. We'd love for you to be involved in improving the care system for all children and young people.



HEAD HERE: www.create.org.au/find-an-event or call 1800 655 105

How do you feel about CREATE and the work we do?

CREATE wants to hear from you! By filling out this survey, you are helping us make sure that the programs and activities that CREATE provides are relevant and useful to children and young people with an out-of-home care experience. Your identity will not be released to anyone outside of CREATE and participation is voluntary.

Because I am a part of CREATE:

1. I feel more connected to others in the care system











Strongly Agree Agree

Disagree

Strongly Disagree

2. I know my rights







Neither





Strongly Agree

Neither

Disagree

Strongly Disagree

3. I know how to make a complaint or have my say about CREATE











Strongly Agree

Agree

Neither

Disagree

Strongly Disagree

4. I feel like I belong



Strongly Agree







Disagree



Neither

Strongly Disagree

5. I feel heard











Strongly Agree

Neither

Disagree

Strongly Disagree

6. I feel respected











Strongly Agree

Neither

Disagree

Strongly Disagree

7. I find the magazines useful











Strongly Agree

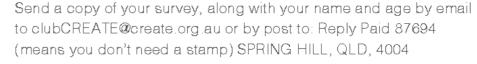
Disagree

Strongly Disagree

What do you love most about CREATE?

What else would you like CREATE to do?

Go in the draw to win a \$50 Gift Voucher!





Entries close 28th January 2022

Want to fill it out online? Head here: www.surveymonkey.com/r/CREATE_Survey



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Liam, NSW Skylee, SA

THANKS EVERYONE FOR SENDING YOUR ENTRIES IN. WE HOPE YOU LIKE THE PRIZES!

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