

WHAT'S BEEN HAPPENING?

CREATE NSW hosted an Easter Connection in the Newcastle area. There were seven sibling groups and it was also wonderful to engage with representative of Family Inclusion Strategies in the Hunter (FISH) and four case managers from Samaritans.

Everyone had a wonderful time on the different play equipment. Even though they were soon sweating, their excitement and enjoyment was evident as they grabbed a quick drink, some snacks and quickly ran back to trying out other equipment in the park.

Grown-ups and all clubCREATE members came together for lunch and got to know CREATE a little better with our CREATE Quiz, and also got to know someone new with our "Get to know a CREATE Family member" game.



We have been hosting our Youth Advisory Group once or twice every month. Come and join us on our next one!

In February, we partnered with Settlement Services International Bankstown to have a yarn with you guys.

We talked about the alternative schooling system, agency and department support to ensure that young people voices are heard.

After this, we ventured out to the local arcade and had a blast exploring the different games. From driving, dancing, photo fun and claw games, we tried it all.

At the end of the session, we used our points to get a little prize each!



NATIONAL YOUTH ADVISORY GROUP

What an exciting time ahead!

CREATE recently held our National Youth Advisory Group across all states and territories on opportunity and security with the focus on education and employment.

The views of young people across all states are being collated to ensure everyone's voices are heard.

A group of highly motivated young people and Young Consultants got together over ZOOM to discuss their educational pathway and employment experiences. We are always solution orientated, so young people told us what kind of support and services would be beneficial.

One Young Consultant from each state who joined the National Youth Advisory Group was nominated by their peers to represent the state in the national webinar.

We are pleased to announce that Emily Backhouse will be representing the states of NSW in our National webinar. Emily specialises in trauma informed practices and teaching. She has a positive outlook on life and strong passion for youth advocacy to create better outcomes for young people.



For youth week, we focused on mental health! CREATE NSW partnered with our local PCYC to bring you a fun filled kick boxing event.

We stretched out and warmed up before getting physical with the punching bags. The coach provided us with the skills and technique to ensure we were safe. Then it was definitely time for focus and determination!

After a good work out, we had some dinner and had a yarn. Our discussion was based around prevention of bullying in schools and how adults around young people can support them.

With a blended approach, we had both a face-to-face event and people Zooming in from different remote locations. Young people gave us amazing insight into this issue and possible solutions to tackle the issue head on.

We are always amazed by the resilience, independence and courage that the young people demonstrate, to share their thoughts and impact change!

YOUNG CONSULTANTS EVERYWHERE!

Have you heard of CREATE's Speak Up program?

Well, it is a three level workshop that focuses on leadership and public speaking that will help you advocate for change on a personal and systemic level. Why not become a CREATE Young Consultant?

Our workshop is run on a monthly basis, so get in touch with us now for upcoming dates!

We are please to announce a new group of Young Consultants that have learnt new skills and have shared their stories.

We also have special guest speakers - experienced Young Consultants joining the workshops to share their expertise with us. What a treat to see the journey that they have been on and the endless possibilities that they hold for the future.



YOUNG CONSULTANT STORY

HELLO

Hi, my name is Marusha. I am a 24-year-old pre-school educator, administrator, and disability rights advocate.

Born in India, adopted at 5 months old, and later placed in foster care at 5 years old, I have faced many challenges in life. I have Cerebral Palsy, use a wheelchair, and can only functionally use one finger. I am vision, hearing, and speech impaired. This has not stopped me from doing and achieving many things in my life.

At 5 years old I joined CREATE and was given many opportunities and experiences from the fun parties, camps, conferences, forums and research studies. At 19 years old, I became a Young Consultant and participated in the video called Snap that Stigma, which offered me the opportunity to travel and tell my story.

In 2020 I applied, and was selected, to work with 15 young people from around the world and look at a way to improve the lives of young people and children in foster care. Our recommendations will be presented to the United Nations, Day of General discussion, in Geneva. It continues to be an amazing experience.

My words of HOPE: Be kind to yourself and others. Never give up on your dreams no matter how far fetched they may seem. Take every opportunity offered. Create your own opportunities, don't always expect others to hand them to you on a plate. Help others, be a friend and be the best person you can.



EVENTS CALENDAR *COMING SOON!*

DATE	WHAT	WHEN	CONTACT
17 July	Speak up 3	TBA	nsw@create.org.au 02 9267 0977
30 July	YAG	TBA	nsw@create.org.au 02 9267 0977
20 August	YAG	TBA	nsw@create.org.au 02 9267 0977

*"I like CREATE and I like all of them.
I like everyone here." Female 14*

*"It is nice to come and just connect
with others and to do things that
contribute to your wellbeing." Female 25*



GET IN CONTACT

If you would like to register for any of our events, find out the missing details or get information about CREATE head to our NSW page on www.create.org.au or contact us at 1800 655 105 or 9267 0977 or nsw@create.org.au.



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