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**EDITION 4** 



WA



**NOVEMBER 2020** 



Woooweeee what a wonderful couple of months here in WA!

With the easing of COVID-19 restrictions we've managed to organise more face-to-face events and it's been super lovely to see your fabulous faces at our Connection events and Speak Up days.

We've got some awesome Youth Advisory Group meetings coming up and of course lots of Christmas events too! Check out the calendar at the back of this Round Up for more details.





### ROCKIN' ROLLER PARTY!

At the end of September the CREATE team headed to Bunbury for our Rollerskating Connection Event.

We did skating challenges, human bingo and lots of arts and crafts. We even designed our own roller-skates and made our own socks! Check out these funky designs from our young people.



A big thanks to all the families who came along. It was lovely to meet you and hopefully we'll see you all at our Christmas party in Bunbury on the 21st November!



This winter we unfortunately had to say a fond farewell to the amazing Elly, but in her place we now have our new Community Facilitator... Bridget!

Bridget is originally from the UK (just like Elly!) and has been living and working in different countries around the world like Spain, Italy, Japan, Kuwait, Vietnam and now... Australia!

Bridget's interests include dancing, yoga, camping, languages, and walking her squishy Shar Pei doggo!

She'll be organising the next few YAGs so if you attend one of these, please give her a warm CREATE welcome!

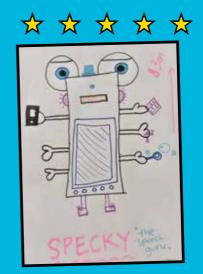


# THIS OCTOBER WE HAD BOTH SPEAKUP LEVEL IL AND 21

In Level 1 we looked at all the different types of activities that CREATE is involved with and we had a panel of visitors from the Department and the sector. They answered all our questions and gave us advice on how to access services. Oh! And there was A LOT of lasagne (mmmmm!).

In Level 2 we focused on what a Young Consultant can get involved with, drew creatures to show what skills a Young Consultant should have. See one of our beautiful results below!

If you'd like to become a Young Consultant and to attend one of our next SUPs, check out our Facebook page or stay tuned for more details!





During these last few months we've met some incredible young people and heard sooo many stories of all the wonderful things you've been doing! One particular person who stood out to us who we want to give a special mention to is... Chloe!

Chloe attended our Speak Up Level 2 training and blew us away with her selflessness, motivation to succeed, and her sense of calm when she practiced her presentation. She told us of her determination to get a new job and to rely completely on herself. She's set herself clear goals and she hopes to one day get into nursing and in the meantime, she'll "continue growing as a person".

When we asked the question, "if you could do anything for a day, what would you do?" she thought very carefully before answering: "If I'm being selfless, I would go to hospitals and spend time with the people who don't have any family and just hang out with them (cute!). But if I'm being selfish, I'd spend the day at the spa!" (ahhh wouldn't we all!).

Thanks for being such an inspiration Chloe!

#### INFLATABLE WORLD — WINTER CHILL BUSTER

Wheeeeee! Pheeeew! THAT was a lot of jumping!! We certainly beat those winter chills.

On Saturday 15 August we had a very fun and very energetic Connection Event at Inflatable World Ballajura. Everyone jumped and slid and bounced and sometimes, almost flew! 50-plus ClubCREATE members and carers came along and made new friends, reconnected with old ones, played some games, ate some snacks, did lots of jumping, and made some awesome crafts. (Check out the awesome Polar Bear in the picture.) Everybody had an absolute blast!

Connection Events are a great way to find friends with a similar experience to your own. They are free events for anyone aged 0 - 25 with a care experience, their carers and family members, and any other children in the home. Look out for future events!!



## EVENTS CALENDAR COMING SOON!

DATE	WHAT	WHERE	TIME	CONTACT
7 Nov	Youth Advisory Group (YAG) and Sound Healing	Inglewood	11am-2pm	Bridget
21 Nov	Christmas Party!	Bunbury	TBC	Leigh
12 Dec	Christmas Party!	Perth Metro	ТВС	Leigh
21 Dec	Christmas YAG and SURPRISE activity!	Perth Metro	TBC	Bridget
14-15 Jan	Girls Camp! With YAG and Speak Up Level 1	TBC	TBC	Kym





WE CAN'T WAIT TO SEE YOU FACE TO FACE FOR OUR ONLINE PROGRAMS!





If you would like to register for any of our events, find out the missing details or get information about CREATE head to our WA page on www.create.org.au or contact us at 1800 655 105 or (08) 6336 9726 or wa@create.org.au



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