# COMPANION ROUND

EDITION 4



SA



NOVEMBER 2020



Our team of staff and Young Consultants are advocating for systemic change on a regular basis! We talk to young people and get feedback at Youth Advisory Groups, consultations and other projects, to inform our advocacy!

Recently one of our Young Consultants, Michael, helped to deliver training to DCP staff on the new practice principle "child-centred approach". Great work Michael! And did you see Tricia in the Sunday Mail back in September! Wasn't it a great article?

#### **Upcoming:**

- CREATE is holding worker training which will be co-facilitated by two Young Consultants.
- CREATE and the Commissioner for Children and Young People are working on a project called "Citizen Research" where Young Consultants are collecting feedback and writing up a report. Watch this space!
- We are developing videos with DCP for young people in care! Interested? email us sa@create.org.au



## WELCOME BACK CONNECTION EVENT



Thank you to every one who attended our "Welcome back" Connection
Event at the lovely Christie Downs
Community House

Mickey O'Brien delivered his wonderful welcome to country and we enjoyed a range of activities from mini golf, a drumming circle, arts & crafts, air hockey table & delicious Yiros' for lunch.

The weather was treating us well, while CREATE's Young Consultant volunteers were super helpful setting up and assisting in the run of the day.

Thank you all again to everyone who attended. It was fantastic to see everyone face-to-face!

We look forward to next one.

## RELATIONSHIPS AUSTRALIA

Leaving care? Jump on GOM Central and get some tips and tricks from other care leavers. There's podcasts, an app and engaging videos hearing from other young people who have left care.

Need more support? Post Care Support Services can help with sorting out housing, building independence and living skills, applying for grants, reconnecting with family and culture and accessing POIR/ FOI through case management and counseling capacity. Call Post Care Support Services

https://elmplace.org.au/our-services/ post-care-support-services/ https://gomcentral.elmplace.org.au/

on 1800 188 118.







# MASSIVE THANKS TO OUR YOUNG CONSULTANTS

Young people who attend our Speak Up training have the opportunity to become CREATE Young Consultants. These amazing people attend advocacy meetings, support at YAGs, volunteer at Connection Events, co-facilitate Speak Up training and are core to the work that CREATE does in South Australia. Thank you to you all. You know who you are!

If you're interested in becoming a Young Consultant, give us a call on 08 8212 8898 or flick us an email sa@create.org.au



## COMPLAINTS CONSULTATION

We consulted with young people in South Australia about complaints. It is a funny term, but really it is about speaking up and telling someone when something isn't feeling right.

#### What we were told by young people?

We found out that young people had things that they were worried about but didn't always know where to go or who to tell.

### So, if you do have something that's worrying you, speak up!

- 1. You could speak to an adult you trust or your case worker.
- If you don't feel like you're being heard, you can speak to the supervisor of the case worker.
- If you still feel like you're not being listened to and action isn't happening, you can go online and make a complaint.

https://www.childprotection.sa.gov.au/department/contact-the-department/making-a-complaint

If you would like to speak to someone on the phone, you could call the Office of the Guardian on 1800 275 664.

#### DO YOU WANT TO BE CONSULTANT IN THE FUTURE?

Connect with us on Facebook (for young people) @ Gus CREATE email: sa@create.org.au phone: 08 8212 8898



Here we hear from a Young Consultant who has completed Level 1 and looking forward to completing Level 2 & 3:

"Last night I was really hesitant and didn't want to come but I spoke to my Aunties and they both said it would be a good experience and that I really should go. I'm really glad I ended up coming, because it was a good experience and to know if I ever had a complaint, or need to speak to someone, I now know where to go. Plus I ended up meeting the Guardian."

- Candice. Level 1 Young

If you are aged between 14-17 and are interested in becoming a Young Consultant and working along side CREATE at events or attending Minister and DCP meetings get in touch with Fabian on 8212 8898 or fabian.mcphee@create.org.au



FACEBOOK /CREATEFND



TWITTER @CREATEFND



## EVENTS CALENDAR COMING SOON!

DATE	WHAT	WHERE	CONTACT
January Holidays	SPEAK UP PRORAM level 2 & 3	ТВА	fabian.mcphee@create.org.au
6th February	YAG	North venue	fabian.mcphee@create.org.au
13th March	Connection Event. Sibling Day	Metro Adelaide	fabian.mcphee@create.org.au
19th March	YAG	Metro Adelaide	fabian.mcphee@create.org.au



Don't want to miss out on our events, training or state based advocacy, we can put you on our local email updates list, please send us your contact number, email and the child/young person you care for. sa@create.org.au or 08 8212 8898.

"YOUR VIBE ATTRACTS YOUR TRIBE"

anor

# **ET IN CONTACT**

If you would like to register for any of our events, find out the missing details or get information about CREATE head to our SA page on www.create.org.au or contact us at 1800 655 105 or 8212 8898 or sa@create.org.au



www.create.org.au Transitioning from care? www.createyourfuture.org.au