

WHAT'S BEEN HAPPENING?

Wow! A lot has happened in the last few months. We hope that you are going okay in all the changes taking place at the moment.

At CREATE, we are now working from our home and exploring lots of creative ways to connect with young people using Zoom and other technology.

If you are old enough and have access, we encourage you to 'like' our State Facebook page: www.facebook.com/rachael.create

and also check your email for updates about workshops and info about fun events.



YOUTH ADVISORY GROUPS



We are running YAGs (Youth Advisory Groups), Speak Up workshops and more through Zoom. Whilst we can't catch up in person, there are other awesome advantages. Young people in regional areas are able to connect more easily. YAY! We recently had people from Toowoomba, Townsville, Brisbane and Gold Coast in just one workshop.

The Zoom workshops are fun with games, scavenger hunts around your house, prizes, gift cards, quizzes and more.

The Brisbane team are running YAGs (for 12-25yo) on Tuesdays and Fridays as well as Speak Up workshops on Mondays. Please contact us for more info or to get involved.

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MEET AMANDA!

My name is Amanda. I am currently a Youth Facilitator (YF) with CREATE!!!

Before becoming a YF I worked as a residential youth worker. I was drawn to working with youth because I was also a young person with a care experience plus a CREATE Young Consultant. I feel that I can use my experiences to help others. If I am not working, you will find me making candles, watching Netflix or hanging out with my son (when he doesn't want to be gaming ha ha).

I will be assisting with some of the Youth Advisory Groups and workshops on Zoom with the Townsville CREATE Crew.



TOWNSVILLE CREW



Hi, this is Donna and Monica from Townsville. We have Youth Advisory Groups, Speak Up workshops and fun events planned for the coming weeks on Zoom. It is going to be amazing!

CHECK IN!

CREATE will be hitting the phones and calling young people with a care experience from across Queensland. We're keen to check in as well as hear your ideas and thoughts! Also, feel free to give us a call to update your details or get in touch.

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TIPS FROM RACHEL (YOUNG CONSULTANT)

Can you tell us about some positive things that have come out of your time in self-isolation?

Well, I've gotten to spend more time with my family and I've been able to relax a bit more than I had been!

What's something fun you've been doing with your time in isolation?

I love doing lots of different things in my free time. At the moment I'm knitting, reading, playing video games, and learning to animate.

What are your suggestions on ways young people can look after themselves or connect at this time?

Definitely text, zoom, call, or write to the people that you care about! Also, Kids Helpline are willing to help if you need it. Finally, I know it's lame, but making sure that you still get fresh air and exercise will honestly help you stay positive!



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ESCAPE FUN!






We have an awesome, creative connection event planned for Brisbane and Townsville. It's an online escape room!

Can you find the clues, crack the code and uncover the secrets? Will your team be the first to break out? Plus it will be a great opportunity to meet some other clubCREATE members.

Join us for this new and fun activity. The Brisbane crew will be hosting an online escape room on 30th May and the Townsville CREW will be hosting one on the 16th May.

Young people with a care experience from all over Queensland are welcome to join in.



QUOTE OF THE MONTH

"THIS IS THE 'FUNNEST'
THING!"

Young person (sharing about attending an online Youth Advisory Group)

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EVENTS CALENDAR *COMING SOON!*

DATE	WHAT	WHERE	CONTACT
Brisbane Team Activities			
30th May	Connection Event (Online Escape Room)	Online	Amy @ CREATE on 0432 173 016 amy.jasper@create.org.au
Monday Afternoons	Speak Up (Zoom)	Online	Andrew @ CREATE on 0460 659 270 andrew.foley@create.org.au
Tuesday Afternoons	Youth Advisory Groups (Zoom)	Different region or focus each week	Hope @ CREATE on 0408 935 909 hope.flentjar@create.org.au
Friday Nights	Youth Advisory Group (Zoom)	Online	Amy on 07 3317 6020/ amy.jasper@create.org.au
Townsville Team Activities			
16th May	Connection Event (Online Escape Room)	Online	Donna @ CREATE on 0421 068 254 donna.clemments@create.org.au
Contact Donna for info and times for Zoom Youth Advisory Groups and Speak Up workshops.			Donna @ CREATE on 0421 068 254 donna.clemments@create.org.au

CREATE
TEAM BRISBANE



GET IN CONTACT

If you would like to register for any of our events, find out information to be announced, or get information about CREATE then head to our QLD page on www.create.org.au or contact us at **1800 655 105** or **07 3317 6020**. Alternatively, email us at qld@create.org.au



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