



Hi clubCREATE-ers,

This edition is the mag is the Creativity Edition! That means that this mag is filled with cool ways that you can get creative these school holidays! We've got articles on creative classes you can take, experiments making colourful volcanos out of lemons and even tips on learning to code so you can make your own apps or video games. We've also got an interview with Pip from ABC ME, a Snap that Stigma story from clubCREATE member Josh, and a very special competition for you to create Milly - a friend of CREATE's purple gorilla Gus!

It's almost 2020, so we wanted to say a great big thank you to all of our clubCREATE members for being a part of CREATE this year! We've had some awesome events this year, especially our 20th birthday parties. We've got more events coming up soon, so be sure to check out your Round Up to find out when we're coming to you!

Wishing you a safe, happy holiday season.

Happy reading,





DECEMBER 2019

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CLUBCREATE'S EDITORIAL POLICY EDITION 4, 2019

produced by CREATE Foundation for children and young people life for kids in care and also clubCREATE members.

The views expressed by these young people are not necessarily the views of CREATE sometimes we can't show

we do our utmost to ensure their privacy. For safety reasons state laws don't allow the faces

faces in our pictures.

considered for the magazine can be submitted by email: Spring Hill QLD 4004.

If you do not want to receive newsletter and program

phone CREATE on 02 9267 1999 or 1800 655 105 to have your our mailing list.



1. Tell us about your role at ABC ME?

I'm a TV host at ABC ME, and have been working here as a presenter now for 3 years! My job is kinda unreal in that one day I might be interviewing Elmo in studio, and the next I'm on filming on location at a dog show, a haunted house, or even a school. I'm often moving around between studio and location, so I get to meet new people and do some amazing things.

"We're living in a time where thanks to the internet your hobbies, what you create, what you can do with your hands or your mind can become your full time job!"

When I'm not shooting though, I'm working in the office on scripts, meeting up with producers, doing

fittings for character costumes and sitting the edit suite watching how everything comes together before being broadcast.

I wanna say that my office life is like other jobs, buuuuut it's not. We goof around, have lunch altogether and often have nerf gun wars/sing improvised musical numbers if we're feeling a bit stale and need to get away from a screen.

2. What is your favourite part about working as a TV presenter?

My fave part about working as a TV presenter is the fact that I get to pitch my own ideas and make content out of the things I'm passionate about. I really love advice shows/panels in magazines, so I pitched a show where viewers at home write in their problems and I help give advice. I also love supernatural stories, so I made a show where I investigate paranormal

activity around Australia. At ABC ME, I get creative freedom to really go ham sangas on what I want to make and how I want it to look, which is pretty amazing, and I don't think many other jobs could compare.

3. What are the skills you have that you are most proud of?

I'm really proud of my presenting skills - being able to learn lines really quickly, feeling relaxed in an interview and being able to bring the energy in any situation on screen. When I look back to when I started, I had no TV experience (only radio), and I was quick to learn and develop my skills to the point where I feel really confident in what I'm doing and I'm proud of what I've achieved.

4. Is there anything you would like to say to our clubCREATE magazine readers?

If you have a passion, you can turn that into your career. We're living in a time where thanks to the internet your hobbies, what you create, what you can do with your hands or your mind can become your full time job!

If you want to be the world's best rollerskater, practice and upload videos of you nailing tricks or talking about the sport, and someone will



"I get creative freedom to really go ham sangas on what I want to make and how I want it to look, which is pretty amazing."

notice you! If you are really passionate about bee keeping and want to help the environment, start a blog and write about it, or send letters to your local council about how you can help make environmental change in your community.

Greate by Coding!

Coding is how we tell computers what to do. With coding, you can build apps, websites and even video games!

Learning to code can seem really hard to start. There are many different programming languages that you can learn, but like learning any new language, it just takes practice.

The great thing about coding is that there are so many fun ways to learn online! The Hour of Code activities at **code.org/learn** are step by step guides that teach all age groups how to code. Some of the awesome activities you can try are:

Barbie's Pet Vet

use code to help Barbie give check-ups at the vet

Minecraft Hero's Journey

learn the basics of coding while you journey through Minecraft

Dragon Blast

pick a dragon and learn coding skills while you make your way through a jungle to find treasure







THE STIGMY TOSH SNYDS

clubCREATE members have told us they feel like there's a stigma about people with a care experience. Stigma is when people think badly about a person or a group of people, even when they've done nothing wrong. We interviewed the awesome clubCREATE member Josh, who snaps that stigma by being a leader and helping others.

1. Tell us a bit about yourself – your age and what you are doing at the moment?

I am 25 years old and currently doing several different things, from a Cert 3 in Community Services to volunteering. I do things as a Young Consultant (young leader) for CREATE Foundation, I'm involved in 2 different youth advisory groups, I go to church and serve at church every week and being a dad.

2. What are your interests?

God, being a dad, being an inspiration for other people. I like to help other people.

3. Where do you see yourself in the next five years?

A pastor or preacher maybe a motivational or inspirational speaker. Being the best version of me as possible and a better life than my past.

4. Do you think there is stigma in the community about children and young people with a care experience?

Yes there's a lot of stigma about young people in government care. For me people just thought "yeah sounds about right you were a naughty kid and had no family. No one wanted you". Our voices need to be heard. Not in certain areas, but in all communities and let people know these things.

5. What's your advice to other young people who might be experiencing negative attitudes from others because of their care experience?

Just to let everyone know you're valuable, important and unique in your own ways. You have your own talent. It doesn't matter what others think but about what you think about yourself.

COOLEXPERIMENTS: LEMON VOLCANO!

WHAT YOU'LL NEED

- Lemons
- Bi-carb soda
- Food colouring
- Paddle pop stick
- Dishwashing liquid
- Tray (to keep the mess off the table.
 A plastic tablecloth would work too)

STEPS

- 1. Get an adult to help with this step! Cut the bottom off the lemon and then cut out the lemon's core
- 2. Place the lemon onto the tray and use the paddle pop stick to mash the insides of the lemon a bit
- 3. Cut a different lemon in half and squeeze its juice into the first lemon
- 4. Add a few drops of food colouring and a teaspoon of dishwashing liquid to the lemon
- Add a heaped teaspoon of bi-carb soda into the lemon and stir it with the paddle pop stick
- 6. Watch as the lemon volcano fizzes and erupts!

Thanks to Babble Dabble Do for this awesome experiment!

CREATIVE CLASSES

FUN CLASSES YOU'LL ACTUALLY WANT TO TAKE THESE SCHOOL HOLIDAYS!

CREATE SOME ART

Why not try an art class these holidays? There are one-time art classes for kids all over Australia where you can do crafts, draw or paint. Some places even offer camps for those who want to learn a lot!



GET DRAMATIC

A lot of kids want to grow up to be actors, and the best place to start to make that happen is with drama classes! There are drama classes for kids in each state and territory where you can let your imagination run wild. Some even offer free trial classes, so you can make sure you like it! Drama classes even help you be confident and express yourself!

GET MOVING

Don't like sitting still? You might like dancing! There are dance classes for all different types of dance, like ballet, tap and hip hop! Dance is great because it's not just fun, but it helps you stay healthy by getting you moving!



MAKE YOUR OWN CLASS

If you can't go to a class, why not create your own? There are so many guides you can use to help you learn, like activity books on how to draw, step-by-step painting lessons online, or videos teaching you to dance. All you need to do is find a guide, get any supplies you need (like paint or acting props) and invite your friends over to get creative and learn with you!

HAVE YOU SyounG

Gus is CREATE's friendly gorilla, maybe you've met him at our events! But did you know he wasn't always part of CREATE?

Gus was born in Angola, which is in Africa. But Gus wasn't like the other gorillas there, he was purple! When male gorillas turn eight, they can choose to look for a new home. So when Gus turned eight, he decided to find his purple family.

Gus searched the world for his purple family.

He travelled to all kinds of countries, like France,
Mexico, India and Japan before he came to Australia.

When he arrived in Australia, he heard about a great,
big purple family full of more than 20,000 children
and young people! He had found CREATE!

Gus came along to a connection event and
loved being around so many kids! He decided
to stay with us and now spends his time coming
along to lots of events so he can spend time with
clubCREATE members like you!





Gus got a letter with a picture from his friend Milly in Africa!

Can you draw Gus's friend Milly?

Milly doesn't have to be a gorilla! Milly can be any kind of animal you want!

Want to win a prize pack?

Fill out the details below and send them and your drawing to: Reply Paid Reply Paid 87694 (means you don't need a stamp) SPRING HILL, QLD, 4004

Your name

Membership Number:

You can also take a photo of your entry and email it to clubcreate@create.org.au with your name, age and membership number. Entries close Friday 24th of January 2020

CHOC CHIP COOKIES RECIPE!



- 125g butter (leave this out of the fridge so it's room temperature)
- 1/2 cup sugar
- 1/2 cup brown sugar
- 1/2 tsp vanilla essence

- 1 egg
- 1 3/4 cups self-raising flour
- 1/4 tsp salt
- 150g choc chips (we used milk choc chips, but you can use whichever you like!)

STEPS

- 1. Preheat oven to 180°C (or 160°C fan-forced) and line baking trays with baking paper
- 2. In a mixing bowl, use an electric mixer or wooden spoon to mix the butter, sugar and vanilla together until they're light and fluffy
- 3. Add the eggs and mix
- 4. Add the flour and mix
- 5. Stir in the choc chips, mixing until it's just combined
- Roll about a teaspoon worth of dough into a ball and place on the prepared trays, leaving enough space between them for them to get bigger in the over
- Flatten the balls slightly and put them in the oven for about 10-12 minutes. The cookies should still be a bit soft when they come out of the oven as they'll harden as they cool
- 8. Put them on a wire rack to cool



Q: WHO DID
THE MONSTER
SPEND
VALENTINE'S
DAY WITH?
A: His ghoul-friend!

Q: WHAT DOES A
VAMPIRE DO WHEN
HE CATCHES A
COLD?
A: He starts coffin!

O: WHAT DO
VEGETARIAN
ZOMBIES EAT?
A: GRAAAAAAAAINS

Q: WHY DIDN'T THE SKELETON CROSS THE ROAD? A: Because he didn't have any guts

Do you have a funny joke to share with us? Send them to CREATE and you could win a gift card!



To send your joke, fill out your details below and send your entry to: Reply Paid Reply Paid 87694 (means you don't need a stamp) SPRING HILL, QLD, 4004

Your name

Age_

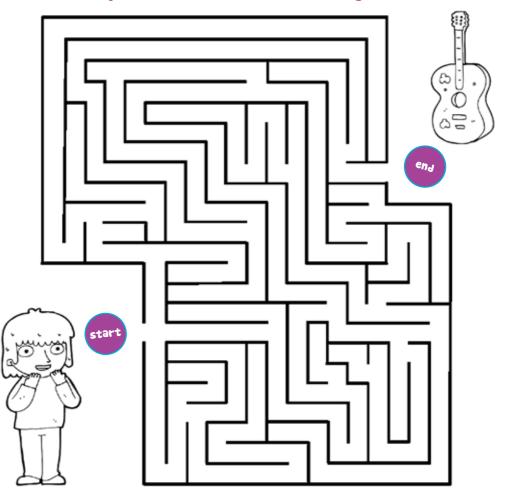
Membership Number:

You can also scan or type your answers and email them to clubcreate@create.org.au with your name, age and membership number. Entries close Friday 24th of January 2020

All.

Musical Maze

Help the musician find his guitar!



For your chance to win a gift card, complete the maze and send it, along with your details below, to: Reply Paid 87694 (means you don't need a stamp)

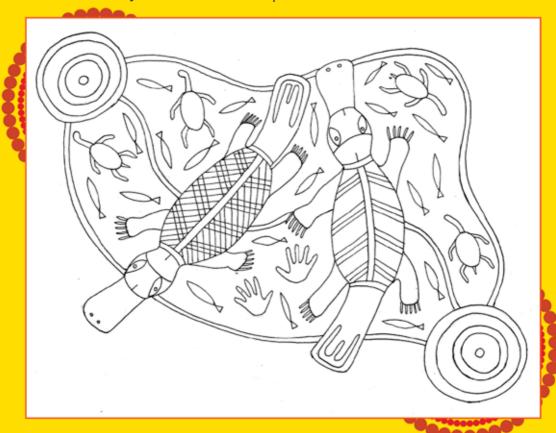
SPRING HILL, QLD, 4004

Your name		
Age	Membership Number:	

You can also scan your entry and email it with your details to clubcreate@create.org.au

CULTURAL COLOURING!

This amazing colouring in design comes from Michelle Tyhuis, a really talented artist and proud Torres Strait Islander.



Send us your colouring in and win a prize!

Fill out the details below and send them, along with your entry, to Reply Paid 87694 (means you don't need a stamp) SPRING HILL, QLD, 4004

Your name		
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You can also scan your entry and email it with your details to clubcreate@create.org.au Entries close January 24th 2020



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Job match up -Wyatt, 10

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If you do not wish to receive newsletters and program information from CREATE Foundation please email clubcreate@create.org.au or phone CREATE on (07) 3062 4860 to have your address removed from the mailing list.

HOW TO STAY CONNECTED

Rose, 12

If you want to attend awesome events with CREATE make sure

clubCREATE survey -

If you want to attend awesome events with CREATE make sure you are a clubCREATE member so you can automatically receive invitations and information.

Other ways to contact CREATE:

- 1. Become a clubCREATE member and join up at www.create.org.au
- 2. Call your local CREATE office on 1800 655 105 and talk to one of the team about what's coming up.
- 3. If you are already a clubCREATE member make sure your clubCREATE membership details are up-to-date.
- 4. Visit www.create.org.au to find out more about how we can support you.