



"I did the Speak up training, was a CREATE Young Consultant for years and now I work as a Youth Facilitator at CREATE. I think that doing Speak Up is a good opportunity for young people both Indigenous and Non-Indigenous to gain the knowledge and confidence to advocate for their own rights and the rights of other young people in care, as well as being able to share their story."

Sharney,
CREATE Young Consultant

SPEAK UP



**ARE YOU 14-25 YEARS OLD?
DO YOU HAVE A CARE EXPERIENCE?
COME AND SPEAK UP!**

CREATE thinks anyone with a care experience has something important inside of them – unique life experience. CREATE respects that young people are the experts of their lives – Speak Up is about getting your expert voice heard.

WHAT DO YOU GET OUT OF IT?

- A free Speak Up T-Shirt
- A Certificate of Achievement
- A chance to meet new people who get you, make new friends and gain more confidence.



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SPEAK UP IS A PROGRAM THAT GIVES YOU THE SKILLS TO BECOME A 'YOUNG CONSULTANT' WITH CREATE...

YOUNG CONSULTANTS:

- Are asked for their opinion by the people who run the care system
- Train social workers and foster carers
- Organise and help out with fun events for club CREATE members
- Have opportunities to hang out with people who understand where they are coming from.



GIVE IT A GO!

We have Young Consultants who have done the Speak Up training before come along to help people feel comfortable and help our friendly CREATE staff to run the training.

Speak Up is FUN, FREE and all meals/snacks are provided.

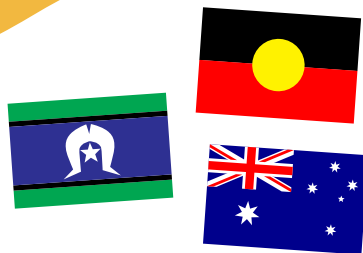
YOUR NEXT SPEAK UP:



HAVE YOUR SAY AND HELP CHANGE LIVES OF OTHER YOUNG PEOPLE IN CARE

CREATE IS AN ORGANISATION STARTED BY YOUNG PEOPLE IN CARE WITH OVER 18,000 MEMBERS WITH A CARE EXPERIENCE AROUND AUSTRALIA

About the artist: Michelle Tyhuis, 38, is of Torres Strait Islander descent from Erub (Darnley) Island on her mother's side, and is of Dutch descent from Rijssen in the Netherlands on her father's side. Michelle has been practicing as a contemporary commission-based artist since 2001.



CREATE acknowledges the Australian Aboriginal and Torres Strait Islander peoples of this nation. We acknowledge the traditional custodians of the lands on which our company is located and where we conduct our business. We pay our respects to ancestors and Elders, past and present.

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