

# a mobile app to help young people transition to independence



When young people in care turn 15 years old, they begin to think about and plan for leaving the care system to live independently in the community.

Transitioning to independence can be scary for most young people, particularly for young people in care who may not have the support of a family network. It can also be a positive and empowering experience if they have access to the right information.

## What is Sortli?

Sortli (a play on the phrase 'sort out your life') is a fun, informative and easy-to-navigate, free mobile app for young people to help them with their transition to independence.

Sortli is a pocket guide companion to services and support. It provides a step-by-step guide for all the important areas of a young person's life, such as finding a place to live, looking after their health, managing their budget, finding a job, doing training or education and general life skills.

The app is intended for young people aged 15 to 18 living in care and engages young people to think about their future goals and how they see themselves living as independent adults in their community. Those who have transitioned from care may also find it useful.

Sortli was originally developed in partnership between young people who have transitioned from care, CREATE Foundation and the Queensland Department of Communities, Child Safety and Disability Services as a tool to support transition to independence planning. The app has now been developed with the Department of Health and Human Services for Victoria and will complement resources for young people transitioning from or that have left out-of-home care.

Sortli covers sensitive topics and is not suitable for young people under 15 years of age. It can be used independently by young people or together with their Child Safety Officer or carer as part of their journey to independence.

The information that the young person enters into the app is stored on their phone only, and is not provided back to the developers, the government or anyone else.

## Where can I find Sortli?

Sortli can be downloaded from Apple, Android and Windows stores. Notifications will be sent to app users each time the app is improved or updated.



For more information go to [createyourfuture.org.au](http://createyourfuture.org.au) or call CREATE on 1800 655 105

