

# ARE YOU IN CARE?

## HAS CHILD SAFETY MADE A DECISION YOU DON'T AGREE WITH?

If you do not agree with a decision made about your life, such as:

- Who you should live with
- Being removed from your carer
- If your parents know where you are living
- The amount of contact you have with your family

... you can talk to the Queensland Civil and Administrative Tribunal (QCAT)

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Contact Queensland Civil and Administrative Tribunal on:

1300 753 228

[enquiries@qcat.qld.gov.au](mailto:enquiries@qcat.qld.gov.au)

[www.qcat.qld.gov.au](http://www.qcat.qld.gov.au)

You can ask an adult to help you speak to QCAT. This might be a carer, Community Visitor, youth worker, Child Safety Officer, or anyone else that you trust.



**Talk to your Child Safety Officer (CSO)**

**Talk to your Community Visitor (CV)**

**Call the Public Guardian on 1800 661 533**

**Contact the Youth Advocacy Centre on 3356 1002 or [www.yac.net.au](http://www.yac.net.au)**

You should talk to QCAT **within 28 days** of finding out about a Child Safety decision.

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## SPEAKING WITH QCAT CAN MAKE A DIFFERENCE!



Amanda's story:

“What is QCAT? QCAT is kind of like a court but no one goes to jail. I was unhappy in my placement as the carers were not “caring”. I spoke up and the department listened and I was moved. My brothers and sisters however were still in the same placement and the carers would not comply with the departments ruling. The QCAT experience was great as it led to the outcome that I wanted and it meant that my brothers and sisters could move to different carers, and

be kept safe. This experience was stressful in parts of the journey, but it made me a stronger person. I felt understood when I was going through this process and I appreciated that I was treated like a normal person. My tips for anyone who is thinking about using QCAT would be to be honest during the whole experience, stay strong and don't be afraid to talk to someone if you need to”

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For more help:

Talk to your Child Safety Officer

Talk to your Community Visitor

Call the Public Guardian on  
1800 661 533

Contact the Youth Advocacy Centre  
on 3356 1002 or [www.yac.net.au](http://www.yac.net.au)

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